

# CHILD New Client HISTORY

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Today's Date: \_\_\_\_\_

Name of Child: \_\_\_\_\_

Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Gender \_\_\_\_\_

Name of Adult Completing History: \_\_\_\_\_

Relationship to Child: \_\_\_\_\_

Any legal/social agency involved with child: \_\_\_\_\_

1. **Chief Complaint** — Please explain your present concerns about your child and what you think is causing the problem:

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2. **Onset** — When did you first notice the concern/problem? What else was happening at that time that might be important?

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3. **Course** — How were you and the child referred here (school, court, etc.)? What have you already tried in order to solve the problem?

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4. **Family Composition**

- Biological parents \_\_\_\_\_
- Dates married/separated/divorced \_\_\_\_\_
- Parental relationship: Strained / Fair / Strong \_\_\_\_\_
- Custody / Visitation \_\_\_\_\_
- Parent / Guardian Occupations \_\_\_\_\_
- Siblings: DOB / Schools \_\_\_\_\_

5. **Significant Others** — Are there other individuals who play a large role in your child’s life?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

6. Are there any immediate family members that reside outside of the child’s home? Yes / No  
If yes, who and where do they live \_\_\_\_\_

How many homes has your child lived in? \_\_\_\_\_ How many caretakers has your child had? \_\_\_\_\_

7. Describe what kind of person the child is — his/her personality, attitudes, values, etc. To whom is he/she most similar, and in what way(s)?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Child Medical and Psychiatric History**

8. Pregnancy

Illnesses/Complications: \_\_\_\_\_

Medications, tobacco, alcohol, other drugs during pregnancy: \_\_\_\_\_

Length of gestation: \_\_\_\_\_ Delivery type (e.g., caesarian, breach): \_\_\_\_\_

Birth weight: \_\_\_\_\_ Apgar rating (if known): \_\_\_\_\_

Problems during delivery or shortly thereafter: \_\_\_\_\_

Length of stay in hospital: \_\_\_\_\_

9. Developmental milestones (in months):

Sat alone \_\_\_\_\_ Walked \_\_\_\_\_ Talked in sentences \_\_\_\_\_  
Weaned \_\_\_\_\_ Fed self \_\_\_\_\_ Tied own shoes \_\_\_\_\_  
Toilet training (ease or difficulty) \_\_\_\_\_

10. Injuries/Illnesses/Hospitalizations:

<u>Date</u>	<u>Location</u>	<u>Reason</u>	<u>Outcome</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

11. Please list your child's current physician, including address, phone number, and date of most recent exam: \_\_\_\_\_

\_\_\_\_\_

12. Does your child have any current medical problems, including allergies? \_\_\_\_\_

\_\_\_\_\_

13. What medications is your child currently taking and for what condition? By whom were the medications prescribed? \_\_\_\_\_

\_\_\_\_\_

14. Has your child had any previous psychiatric/psychological evaluations/treatments, including counseling? Yes / No If yes,

<u>Dates</u>	<u>Treating Professional</u>	<u>Reason</u>	<u>Outcome</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

15. What temperamental qualities does your child demonstrate?

	Less than average	Average	More than average
Activity level	_____	_____	_____
Affection	_____	_____	_____
Persistence	_____	_____	_____
Moodiness	_____	_____	_____
Intensity of emotional response	_____	_____	_____

**16. Family Medical and Psychiatric History**

	<u>Maternal Relatives</u>	<u>Paternal Relatives</u>
Alcoholism	_____	_____
Drug abuse	_____	_____
Mental illness (specify)	_____	_____
Psychiatric hospitalizations	_____	_____
Mental retardation	_____	_____
Learning disabilities	_____	_____
Hyperactivity	_____	_____
Suicide or attempts	_____	_____
Other medical illnesses (specify)	_____	_____

17. Has your child or any member of your family been a victim or perpetrator of physical, sexual, emotional, or substance abuse or neglect? Yes / No If yes, please explain

\_\_\_\_\_  
\_\_\_\_\_

18. Has your child witnessed any violence or abuse? Yes / No If yes, please explain

\_\_\_\_\_  
\_\_\_\_\_

19. What are your child's hobbies and interests? (Boy/Girl Scouts, sports, reading, etc.) How much time per week does your child spend in each?

\_\_\_\_\_  
\_\_\_\_\_

20. Does your child have diagnosed learning delays? Yes / No If yes, what type?

\_\_\_\_\_

21. Is your child in special classes at school? Yes / No If yes, what type? \_\_\_\_\_

22. Has your child been diagnosed with behavior problems? (e.g., ADHD) Yes / No  
If yes, what type? \_\_\_\_\_

23. How many hours a day does your child typically watch TV? \_\_\_\_\_ What are your child's favorite shows? \_\_\_\_\_

24. When does your child typically do his/her homework? (e.g., after school, before dinner, after dinner) \_\_\_\_\_

25. How many hours per day does your child spend with:

Parents?	Weekday	_____	Usual activities	_____
	Weekend	_____	Usual activities	_____
Siblings?	Weekday	_____	Usual activities	_____
	Weekend	_____	Usual activities	_____
Friends?	Weekday	_____	Usual activities	_____
	Weekend	_____	Usual activities	_____
Other caretakers?	Weekday	_____	Usual activities	_____
	Weekend	_____	Usual activities	_____
Alone?	Weekday	_____	Usual activities	_____
	Weekend	_____	Usual activities	_____

26. What is your child's bedtime? Weeknights \_\_\_\_\_ Weekends \_\_\_\_\_  
 Is this enforced? Always \_\_\_ Most of the time \_\_\_ Sometimes \_\_\_ Never \_\_\_  
 What is your child's routine one hour before bedtime? \_\_\_\_\_

27. Does your child share a bed or bedroom with a sibling or parent? Yes / No If yes, please explain \_\_\_\_\_

28. Does your child shower or bathe with a sibling or parent? Yes / No If yes, please explain \_\_\_\_\_

29. Please describe your child's interactions with the following:  
 Parents \_\_\_\_\_  
 Siblings \_\_\_\_\_  
 Peers \_\_\_\_\_  
 Teachers \_\_\_\_\_

30. **Discipline** — How many times in the past week have you had to:  
 \_\_\_\_\_ Put your child in "time out" (or send to his/her room) For how long? \_\_\_\_\_  
 \_\_\_\_\_ Take away privileges or ground your child For how long? \_\_\_\_\_  
 \_\_\_\_\_ Explain why something was wrong  
 \_\_\_\_\_ Shout, yell, or scream at your child  
 \_\_\_\_\_ Threaten to spank or hit your child but not actually do it  
 \_\_\_\_\_ Spank your child on the bottom with your bare hand  
 \_\_\_\_\_ Hit your child on the bottom with something like a belt, hairbrush, or stick  
 \_\_\_\_\_ Slap your child on the hand, arm, or leg  
 \_\_\_\_\_ Slap your child on the face, head, or ears

31. Have you noted any problems in these areas? If yes, please explain.

Depression? Yes / No \_\_\_\_\_

Anger? Yes / No \_\_\_\_\_

Grief? Yes / No \_\_\_\_\_

Anxiety? Yes / No \_\_\_\_\_

Regressed behaviors (acting like a younger-aged child)?

Yes / No \_\_\_\_\_

Social skills? Yes / No \_\_\_\_\_

Detachment? Yes / No \_\_\_\_\_

32. Please share any additional information about your child you feel may be relevant (frequent moves, death of family member/pet, etc.) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

33. Does your child display any of the following behaviors?

	Presently	Prior	How long	How often	At home	At school
Hits adults						
Hits siblings						
Hits peers						
Sets fires						
Destroys property						
Uses weapons						
Drinks alcohol						
Smokes						
Uses drugs						
Steals						
Lies						
School truancy						
Poor grades						
Problems with friends						
Withdrawn						

	Presently	Prior	How long	How often	At home	At school
Sexual acting out						
Talks back						
Breaks rules						
Wets bed						
Daytime wetting						
Soiling problems						
Hurts animals						
Nightmares						
Night terrors						
Sleeps too much						
Sleeps too little						
Fearful						
Overactive						
Runs away						
Low energy						
Poor concentration						
Difficulty making decisions						
Blames others for own mistakes						
Deliberately annoys others						
Suicidal gestures or statements						
Change in eating habits						
Needs constant supervision						